# trc healthcare\*\*

# Insights: Emerging Trends for Clinical Leadership

**OCTOBER 2021** 

# Practice-Changing Pharmacy Updates: Pain Points & Solutions

## Emphasize the Importance of Flu Vaccination in 2021-2022



Pain Point: It'll be all hands on deck for flu vaccines in 2021-2022 as COVID-19 continues and experts warn of a possible severe flu season. Clinicians will be on the front lines for providing flu vaccinations to patients, in addition to COVID-19 vaccines.



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Solution: Our Pharmacist's Letter, PharmacyTechnician's Letter, Hospital Pharmacist's Letter, Hospital Pharmacy Technician's Letter, and Prescriber's Letter articles highlight the latest updates about what's new with flu vaccines this season. Clarification about efficacy of flu vaccines versus COVID-19 vaccines is shared, along with key considerations when co-administering different vaccinations. Our FAQ, Communicating About Flu Vaccination, answers many other questions, including whether it's okay to give flu vaccines to patients who are pregnant, feel sick, report an egg allergy, and more.

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## **Hospital Pharmacies**

### **Evaluate Tocilizumab Alternatives for COVID-19**



**Pain Point:** Tocilizumab shortages are leading to questions about which medication to use in its place for COVID-19 treatment in hospitalized patients.



**Solution:** Our <u>article</u> and chart, <u>Treatments of Interest for COVID-19</u>, review the available evidence and emergency use authorizations (EUA) for the possible alternatives: baricitinib, sarilumab, and tofacitinib. We provide recommendations on when to consider these medications as tocilizumab alternatives and when to avoid them.

## **Natural Medicines**

## Psychedelics as Medicine: Ayahuasca & Iboga Pique Consumer Interest



**Pain Point:** The potential promise of psychedelics for mental health has been all over the news lately. There is interest in using these products for substance use disorders, depression, PTSD, and more. Ayahuasca and Iboga, two of the most popular options, are gaining interest because they are considered 'natural' Healthcare providers should be prepared to answer questions about these options.





**Solution:** Research on the use of these products has been growing, but much of the evidence for efficacy is still observational or anecdotal. And there are concerns about how to properly 'placebo control' psychedelic research. There are also some serious safety concerns with the use of these traditional psychedelics, which have mostly been studied at wellness retreats in Central and South America. Our <a href="Natural Medicines">Natural Medicines</a> article clarifies what we do and do not know about the effects of psychedelics.

## Product Spotlight This issue we feature our RxAdvanced: Guide to Natural Medicines program.



As consumers continue to express interest in natural medicines and supplements, it's important for pharmacists to have the ability to share authoritative, unbiased guidance. Our experts at TRC Healthcare created RxAdvanced: Guide to Natural Medicines to help pharmacists understand the safety and efficacy of complementary, alternative, and integrative therapy options.

This 11-hour, online, self-guided program is one of the industry's only comprehensive resource for building evidence-based competency in natural medicines and supplements. It covers:

- An introduction to natural medicines.
- Safe use of natural medicines
- · Preventing and treating nutrient deficiencies
- An overview of TRC Healthcare's Natural Medicines database
- Natural Medicines for weight loss and athletic performance
- Natural Medicines for Endocrinology
- Natural Medicines for Neurology
- Natural Medicines for Psychiatry
- Natural Medicines for Gastroenterology

Get a Quote

RxAdvanced is available to purchase as an institutional group. Support your pharmacists by adding RxAdvanced to your pharmacist training program!

## New in the COVID-19 Resource Hub

Our editors continue to add new articles and clinical resources to the COVID-19 Resource Hub. Access to the hub is free - no subscription required. Recent additions and updates include:

- ▼ Article: Clear Up Confusion About Additional COVID-19 Vaccine Doses
- ▼ Article: Sort Out New VTE Prophylaxis Data in COVID-19 Patients
- ▼ Article: Evaluate Tocilizumab Alternatives for COVID-19
- → Article: Warn Against Using Ivermectin for COVID-19

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Visit the COVID-19 Resource Hub

## News & Events

## PRESS RELEASE: TRC Healthcare Expands Coverage of Regulatory and Legislative Changes for U.S. Pharmacies

We're excited to announce our recent acquisition of Bula Intelligence, a best-in-class provider of tracking and reporting on regulatory and legislative changes that affect U.S. pharmacies. Bula helps pharmacies anticipate forthcoming regulatory changes, understand how they are impacted, and learn when they must be ready to comply. The timeliness and thoroughness of the information helps pharmacies stay on top of healthcare opportunities that might otherwise be overlooked. Subscriptions to Bula Intelligence simplify compliance for pharmacies, reducing risks posed by a lack of quick accurate information.



Click <u>here</u> to read more about how we plan to expand our coverage of regulatory changes though this acquisition.



### **Hot Topic Webinar**

We offer on-demand webinars for you to enjoy at your leisure.

For October, we have a new webinar available on demand that features Jamie P. Dwyer, MD, Professor of Medicine, Director, Nephrology Clinical Trials Center Director, Schaffner Society, Department of Medicine Vanderbilt University Medical Center, President and Principal Investigator, Collaborative Study Group, and other panelists as they discuss and answer common clinical questions about *Finerenone (Kerendia) for Patients with Kidney Disease Due to Type 2 Diabetes*. Click <a href="here">here</a> to watch for free.

Check out our other on-demand webinars here.

#### Live Webinar: RxAdvanced Demo

On November 12, 2021, from 1:00-1:30 PM ET join us as speakers Pam Piotrowski, RPh, MBA, and Keith Marston, Solutions Executive showcase our advanced pharmacist training program, RxAdvanced. The live demo will cover RxAdvanced product offerings, the structure of the programs, advantages to the RxAdvanced program, and more! Attendees will be entered into a drawing to win a complimentary one-year individual subscription to RxAdvanced. Click <a href="here">here</a> to register for free.





### CriticalPoint Webinar

On November 3, 2021, from 1-2 PM ET join industry expert, Abby Roth for a comprehensive overview of the significant changes in the latest revision to USP Chapter <797>. Register today!

Click here to check out all upcoming CriticalPoint webinars

### **Our Most Popular Charts for October**



- ▼ Hospital Pharmacist's Letter: <u>Acetylcysteine for Acetaminophen Toxicity</u>
- → Hospital Pharmacy Technician's Letter: <u>Investigating Possible Drug Allergy or Sensitivity</u>
- ▼ Pharmacist's Letter: <u>Alcohol and Drug Interactions</u>
- ▼ Pharmacy Technician's Letter: <u>Guide for Helping Patients Afford Their Medications</u>
- → Prescriber's Letter: Obstructive Sleep Apnea



## Continuing Education

TRC's accredited learning center for medication management offers continuing education in 13 categories, including:

- Disease State Management / Drug Therapy
- HIV / AIDS
- Law
- General Pharmacy
- Patient Safety / Medication Errors
- Archived Webinars
- Competency

- Compliance
- Hospital / Specialty
- Preceptor
- Training
- Immunization
- Compounding



Check out our latest CE Course Catalog featuring new courses offered for October, general CE, live CE/CME, patient safety, and more!

Click here to download

